



Fine Arts
Academy

Dance • Yoga • Fitness • Music • Art • Drama



2021-22 Parent Handbook



Dance



Yoga



Fitness



Music



Arts



Drama

reginadancecity.ca/faa



Welcome!

Welcome to our Fine Arts Academy - where imagination and creativity lead the way! Our Fine Arts Academy offers dance, yoga, fitness, music, art and drama classes exclusively to children 2-5 years of age. We look forward to moving and grooving with your child while educating and inspiring them through the fine arts. All activities are developmentally appropriate for this age group and allow children to develop social skills, body awareness, self-confidence and routine. We are not a daycare or pre-school, but rather a specialty fine arts program building cognitive, social, and emotional awareness. We are so excited for you and your child.

About Dance City

Dance City is Saskatchewan's premier dance studio that focuses on excellence in everything that it does. This accessible and professionally run studio has a top-notch, qualified faculty that genuinely cares about the success of each dancer. Dance City offers a variety of programs to suit the needs of dancers of all ages, abilities and desires and offers a friendly, inclusive and supportive atmosphere for its students and their families.

To find out more about Dance City, visit our About Us page on our website:
<https://reginadancecity.ca/about/>

Communication

By now you have probably noticed that we are BIG on communication here. It is our number one goal to respond to all inquiries within 24 hours (or sooner!). Our team can be contacted at 306-757-6495 or by emailing hello@reginadancecity.ca.

Communication is very important to us! Our website is a great source of information and is updated regularly. If you haven't already, I'd recommend taking a look at <https://reginadancecity.ca>. Our website has an events calendar that lists the important dates for the season, which can be found at <https://reginadancecity.ca/events>. We are also very active on Facebook and Instagram! Please follow us @dancecityyqr on both platforms to stay up to date with everything going on at the studio.

Throughout the season we will be emailing out information about the studio, events and your child's dance class. Please ensure that the email(s) we have for you on file through

the parent portal is up-to-date and that hello@reginadancecity.ca doesn't go into your junk folder. (Please note that we sometimes have issues with sending emails to @sasktel.net email addresses. If possible, please provide a separate email address so that you don't miss any communication!)

Dance City uses Google Classrooms on a regular basis to share important information to help you stay connected with the studio and your child such as photos, videos, themes, events, classroom activities and more! An email will be sent out shortly with all the details relating to signing up for your dancer's Google Classroom. We encourage everyone to sign-up to take full advantage of everything it has to offer!

Program Dates

Annual Term: September 7 to 12, 2021 to June 7 to 12, 2022

The studio is closed on the following dates:

- **National Day for Truth & Reconciliation:** September 30, 2021
- **Thanksgiving:** October 9 to 11, 2021
- **Remembrance Day:** November 11, 2021
- **Winter Break:** December 13, 2021 to January 02, 2022
- **Family Week:** February 19 to 25, 2022
- **Easter Break:** April 15 to 22, 2022
- **May Long Weekend:** May 21 to 23, 2022

Attire, Snack & Materials Policy

Please label all items and belongings brought to the studio with your child's name.

Children need to wear a *comfortable outfit* that will allow them to move around. We ask that you please send your child with an extra set of clothes packed in their bookbag to every class – spills and accidents do happen. All students are required to have clean, non-marking indoor shoes such as runners.

Children will be taken to the bathroom for routine potty breaks if they are potty trained or actively working towards this goal at home. If your child has a noticeably dirty diaper, we will change it. If your child is not fully potty trained, please leave an extra pull-up (with

your child's name on it) in your child's bookbag. We kindly ask that all parents take their child to the bathroom before class to set them up for success.

Please pack along a *nut-free snack(s) and a water bottle* for your child to enjoy during snack time (reusable drink containers with water or juice are preferred). One to three types of finger foods are best; teachers will help open up containers, but children need to be able to feed themselves during their 10-minute snack time.

Drop Off & Pick Up

Please stay with your child until class begins. Studio rooms will be opened approximately five minutes before class starts – we cannot take children prior to this, as the teachers are setting up for the day. Dance City is not responsible for children before/after their class, and we kindly ask that your children are picked up in a timely fashion after their class ends and that you phone our office at 306-757-6495 if you're running late. If someone else will be picking your child up, please notify the teacher at drop-off. A parent must be available via cell phone in case we need to have your child picked up for any reason.

Photos, Waivers & Videos

We will be taking pictures throughout the year to celebrate your child's learning and growth. Dance City holds the right to take videos and photos throughout the year, which may be used on our private Google Classroom, social media, in-house printed and promotional materials. Please refer to the registration contract for more information.

Integration Policy

Our goal is to ensure your child feels safe, confident and inspired and we have outlined our integration policy below.

First class: Parents are invited to attend the first 30-40 minutes of class. If your child has siblings, they are more than welcome to attend as well. Children feed off their parent's energy – when the parent is relaxed, the child is more likely to be relaxed. Teachers will lead a 15 to 30 minute welcome orientation and connect with the parents and collect all personal profiles. This is your opportunity to get to know the teachers and connect with them. After the orientation is complete, parents will be kindly asked to leave, and children

will explore and interact with one another. The goal is to set your child up for success and build trust and confidence.

Second class: Parents are welcome to come in the room for the first 15 minutes to help their child settle. After 15 minutes we kindly ask that all parents say goodbye to their child and leave the studio. This will allow us to build trust with your child.

Third class: Parents are welcome to bring the child into the classroom and have free play with their child for 5 minutes.

Fourth class: Parents say goodbye in the lobby area and teachers bring the students back into the room. If your child cries, it is best to leave them with us so we can redirect and build rapport with them. If your child is still unsettled after 30 minutes, we will call you and provide you with an update. At this time, we can come up with a suitable plan.

Tips for Saying Good-Bye to Your Child: Explain, Assure & Love

1. Explain that you are going away and that you will come back
2. Assure them that you love them and that they will have fun
3. Give them a hug, say goodbye and proceed to leave – short goodbyes are best

Learning Objectives & Themes

Students will enjoy a different theme each week providing academic curriculum to assist with their learning. The goal of the program is to enhance your child's overall development including gross and fine motor skills and improve social, cognitive and emotional awareness. We use an integrated approach to learning and incorporate theme-based lesson plans so students get to feel it in their bodies so they can remember it in their minds. When discipline is required, our teachers use a positive redirection approach and encourage the children to make good choices. When children choose not to participate in the planned activities, they are instructed to observe the class so they are not a distraction to the other students and can still learn in the process.

Please note that we assess all our students during the first few weeks and may make recommendations to transfer to mini, little or kinder levels if appropriate. If there is a

teacher recommendation that your child is not ready for our program, we will recommend that you join us at a later date and will provide you with a credit.

Shows & Family Celebrations

Parents are invited to come and watch our mini showcases regularly throughout the year, followed by a wrap-up party with snacks. Families will be asked to contribute an item for this potluck style celebration (if permitted with current COVID-19 restrictions). The celebration show and party will occur the last hour of their scheduled class.

Winter Show Days: December 07 to 12, 2021

Spring Show Days: March 15 to 20, 2022

Summer Show Days: June 07 to 12, 2022

Teaching Team

We are thrilled to have such well-rounded and experienced teachers leading this program that are passionate about children and will inspire them through the fine arts.



Your child's lead teacher for Fine Arts Academy on Tuesdays and Thursdays is Miss Randi. Miss Randi holds her Studio Fine Arts Club – High Impact Teacher Certification – Level 1 in Early Childhood Fundamentals, is a registered teacher with the Royal Academy of Dance, holds her ADAPT Teacher Certificates in Jazz and Tap, is a Licentiate Member of the CDTA Sask. Branch in Tap, holds her Acrobatic Arts Teacher Certification, and is a certified teacher of the AcroDance Pre-School program. She holds her Bachelor of Arts Education from the University of Regina. She has over 15 years of experience preparing and entering students for dance examinations and competitions and has been the recipient of numerous choreography awards.



Your child's assistant for Fine Arts Academy on Tuesdays and Thursdays and lead teacher on Wednesdays and Sundays is Miss Louise. Miss Louise holds her Studio Fine Arts Club – High Impact Teacher Certification – Level 1 in Early Childhood Fundamentals, Teaching Diploma from the Royal Academy of Dance (United Kingdom), is a registered teacher with the Royal Academy of Dance, holds her Level 1 Acrobatic Arts Certificate, is a National Dance Associate ISTD, holds her Pilates Matwork certificate, a certificate in basic science of exercise, certificate in stability ball training and certificate in aqua aerobics. She has completed her Advanced 1 RAD Ballet certificate and Grade 8 Award, and Advanced 2 National Folk Dancing Certificate ISTD-Distinction. She has over 20 years of teaching experience preparing and entering students for examinations and competitions. She has danced in and coached many dancers to compete in international dance competitions and festivals and trained at Marie Sadie Ballet and National Academy in Gauteng, South Africa.

Referral Program

The best compliment you can give us is a referral! We know great people know other great people and encourage you to hand out the referral cards that you will receive at your first class. You will receive a *\$10 credit* for each new person you refer to the studio that registers for any of our classes - no limits! *We know awesome people know other awesome people.*

Office Hours

Please note our regular office hours are as follows:

Monday	1:00pm - 8:00pm
Tuesday	1:00pm - 8:00pm
Wednesday	1:00pm - 8:00pm
Thursday	1:00pm - 8:00pm
Friday	closed
Saturday	9:00am – 1:30pm

Sunday closed

However, a member of our admin support team is in the office on Tuesdays to Fridays from 9:00am to 1:00pm to answer phones as needed. The studio may be locked while classes are in progress for the morning and afternoon sessions. Please do not be alarmed if you arrive and the studio doors are locked. The teacher will unlock them when the class is done.

Questions

As always, if you have any questions please don't hesitate to contact us by email at hello@reginadancecity.ca or phone at 306-757-6495 and we'll get back to you as soon as possible.

Thank You

Thank you for joining our Fine Arts Academy. This is a great stepping-stone to your child's development. We offer sessional and annual dance classes during the day should you be interested in taking a class for yourself or enrolling your child in another class.



Nadine Selinger ARAD RTS, CDTA-L
Chief Executive Officer, Artistic Director & Dance Educator
Dance City

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